Julie Nabors, R.D.H., MEd.

Julie Nabors, is a dental hygienist in private practice and teaches for the University of Oklahoma and the Oklahoma Dental Foundation. She is a member of the Organization for Safety, Asepsis and Prevention (OSAP). Julie has over 80 hours of training in infection control and safety. She lives in Weatherford, Oklahoma, with her husband and three children.

Infection Control For the Dental Office

Is your office up to date with the CDC Guidelines?
Are you using the Infection Control Summary?

Your Oklahoma Dental Foundation now offers skilled in-office consulting and training.

www.okdf.org
317 NE 13th Street
Oklahoma City, OK 73104
ODF Office: (405)241-1299
Julie Nabors: (405) 673-1252
In a fast-changing world of regulations, the Oklahoma Dental Foundation offers customized, in-office Infection Control (IC) training and consulting services to assure your dental practice is attuned to the most up-to-date guidelines.

**Lecture Courses:**
There are two options for lecture courses,

- **Option 1:** the Comprehensive Infection Control Course. A thorough presentation of current IC concepts in dentistry. This option is designed to meet the training needs for new dental professionals.

- **Option 2:** the Infection Control Review Course. A shorter presentation designed to keep dental professionals, already knowledgeable of IC concepts, up-to-date with the latest research and best practices for dentistry.

**In-Office Consulting:**
An Infection Control Specialist will observe and work directly with staff in a hands-on approach to infection control training. Training may include creating or updating IC protocols, assisting with sterilization policies, waterline maintenance, chair-side infection control, etc. A consulting session may also include group training. Consulting services will be tailored to meet the needs of your practice.

**YOUR FACILITATOR OFFERS EXPERTISE IN**

- Administrative requirements
- Bloodborne pathogens
- Sterilization
- Cleaning and disinfection
- Biological monitoring
- Sharps safety
- Training logs
- Dental unit waterlines
- Personal protective equipment
- Immunization
- Post exposure protocols
- Respiratory hygiene and cough etiquette
- Efficiency and workflow

**3rd Party Audits:**
Utilizing current best practices from OSAP and the CDC, your IC Specialist will assess and provide a written report with commendations and recommendations to assist in achieving an optimal IC program. Lecture courses or in-office consulting may be recommended and subsequently scheduled after the 3rd party audit is completed.

**WHY WE DO IT?**
In 2003, the CDC published the “Guidelines for Infection Control in Dental Health-Care Settings.” Since then, reported cases of transmission in dental settings have been linked to failure to adhere to these guidelines. These events are devastating for the patients and clinicians involved. The CDC and OSHA Guidelines give us the information necessary to protect patients and staff. Our training and expertise in preparing your office for these guidelines will never leave you wondering if your office is handling issues properly.

*I was fortunate to attend a course presented by Julie Nabors over infection control in the dental setting. She taught the class with such knowledge and skill in which it inspired me to improve my patient care setting!*

- Chelsea Villines RDH

*Julie presents a comprehensive and informative program. Every dental assistant in Oklahoma should be taking this course - there is so much to learn!*  
*She does an excellent job that will both motivate and invest you in better infection control procedures.*

- Grace Holden, CDA, COMSA Emeritus